

Activity title	Description (scope, objectives, responsibilities, tasks, etc)	Contact name, tel and email	Skills and equipment needed	Time commitment
CTIP Ecumenical Sunday lunches	To provide lunch for those who would otherwise eat alone. Team of 7 or 8 people with at least 2 drivers to provide lifts for those who need them. To buy, cook and serve Sunday lunch. To invite 12-13 people from a prepared list. 1 person to co-ordinate the team.	Gill Freeman 01625 872600 <a href="mailto:gillianfreeman@btinternet.com">gillianfreeman@btinternet.com</a>  Mary Fitton	Ability to devise a menu, to cook a meal and to clear up afterwards. Kitchen with adequate equipment and a room large enough to hold 20-22 people for a sit down meal. Current venue Poynton Methodist Church. Opportunity to shadow current team to see how it works.	Once every 4-6 months
Sunday Tea/Coffee	To join a rota of people who set up , serve drinks and then clear away - in the Conservatory - after 9am and 11am Masses on Sundays	Maria Briggs 01625 859352 Mob: 07969365434	Ability to make Tea/Coffee and to chat to those who come along!	15 minutes before Mass and 30 minutes after Mass about 8 or 9 times per year
The Wellspring	The Wellspring is a resource centre for homeless and disadvantaged people in Stockport. The parish actively supports their work through donations of food. More support and participation is welcome.	Cath Hooper 01625 877269		
Visiting the bereaved	Visiting as a representative of the Church after a bereavement, for as long as required. To provide personal support, practical advice and ensuring continuing support eg a remembrance anniversary card	Fr Harry Stratton	Training provided in listening, counselling and awareness of authorised procedures.	